



BASIC SAILING COURSE 2010

Purpose—to introduce sailing in a brief, practical, step-by-step course that includes: personal reading of the designated text book, classroom instruction, and on the water instruction. While designed for the novice, club members who want to brush up on the basics of sailing are also welcome to participate. One goal of this course is to help equip the student with the knowledge and experience necessary to qualify for use of one of the club boats (passing a check-out ride with a designated skipper and payment of full membership dues and fee for club boat privilege will still be required). This course should prove helpful for those who desire to take further training through a certified sailing school.

Instructors—experienced PPYC skippers will serve as instructors. Depending on interest and availability, an instructor may teach one or more of the six blocks of instruction.

Course Make Up—the full course of instruction includes six blocks, each of which is at least two hours long. Though preferred to be taken in sequence, after blocks one and two, the other four blocks can be taken in any order. Some instructors may provide six sequential blocks while others may “specialize” in one or more blocks of study. No more than four students will be allowed in any one instruction block, but blocks may run simultaneously as need and instructor availability warrants.

Textbook—the required text is *Basic Keelboat* published by the US Sailing Association. Copies will be available through PPYC. It is expected that the student will read and STUDY the text and all accompanying diagrams prior to the corresponding study block.

Disclaimer—though the participant who successfully completes all six blocks will receive a PPYC certificate, this course is not certified by US Sailing Association, American Sailing Association, US Coast Guard, or any other certifying body.

Waiver—all participants will be required to sign a PPYC waiver of liability form.